

## **INSTRUCTIONS TO DOWNLOAD ZOOM TO YOUR DEVICE**

### **Complete this before your session with ABC**

#### **Using a Computer: - takes less than 2 minutes**

Go to **ZOOM.US** Make sure it is <http://zoom.us> and not a fake one claiming to be ZOOM

**DO NOT SIGN UP OR SIGN IN !!!!!!!**

Go to the **BLACK banner on the top of the website and click on RESOURCES,**

**then click from the dropdown - DOWNLOAD ZOOM CLIENT**

**then click DOWNLOAD where it says ZOOM CLIENT FOR MEETINGS**

**the prompt will go to the bottom of your screen and you must double click or say okay to download**

**if it asks to make changes to your computer, it is safe to say YES and you will see it download**

ONCE YOU HAVE DOWNLOADED, you are done. Now wait for ABC to send you an email to invite you to your sessions and click the link to JOIN moments before the start time indicated in the email.

Make sure your audio and video are turned on. This is a requirement for participation.

#### **Using a Phone or Tablet**

Go to the App Store/Google Play for your device (iPhone or Android)

Download ZOOM - Looks like this



**THERE IS NO NEED TO CREATE AN ACCOUNT,  
---- just download the app**

ONCE YOU HAVE DOWNLOADED, you are done. Now wait for ABC to send you an email to invite you to your sessions and click the link moments before the start time indicated in the email.

### **IF YOU CAN'T or DON'T WANT TO DOWNLOAD ANYTHING**

Write down your Meeting ID # written under the blue highlighted string of letters in your confirmation email then....

GO TO [www.zoom.us/join](http://www.zoom.us/join) on your computer/phone/table web browser

Enter that string of 11 numbers into the box asking for Meeting ID

Click JOIN